

PATIENT MEDICAL HISTORY RECORD

Welcome to our practice! Please help us assess your health care needs by providing some basic information about yourself. This **4 page form** will become part of your permanent, *confidential* health record.

NAME _____ DATE COMPLETED _____
 MAIDEN NAME _____ REVIEWED BY _____
 DATE OF BIRTH _____ PRIMARY CARE _____
 SEX: MALE ___ FEMALE ___ PRIMARY CARE PHONE _____
 REFERRED BY _____

• CHIEF COMPLAINT & HISTORY OF PRESENT ILLNESS:

- What medical problem or concern brings you here today? _____

- When did you first notice this problem? _____
- Have you seen any other doctor for this problem? Yes ___ No ___ If yes, who? _____
- Have you ever had this problem in the past? Yes ___ No ___
- Have you taken any prescribed medicine or over-the-counter drugs for relief? Yes* ___ No ___
*Please list: _____
- Do you experience pain or discomfort? Yes ___ No ___
*Please describe type of pain, location, when you first noted: _____

- Have you had weight loss? Yes ___ No ___ How much? ___ Over what period of time? _____
- Have you had weight gain? Yes ___ No ___ How much? ___ Over what period of time? _____
- Do you have regular bowel movements? Yes ___ No* ___
- Have you noticed any change in your bowel movements? Yes* ___ No ___
- Have you used laxatives or anti-diarrheal medications? Yes* ___ No ___
*Please explain: _____
- Please list any other symptoms, questions or concerns you would like to discuss with the doctor: _____

• ALLERGIES: Yes None Known *If yes, please list LATEX and all medication allergies, plus reaction:*

• MEDICATIONS: Please list all medications you are currently taking, including over-the-counter drugs, vitamins, herbs, aspirin/arthritis medications, etc.

MEDICINE	DOSE	HOW OFTEN USED	ORDERED BY	REASON FOR USE

- Do you take any medications on an empty stomach? Yes ___ No ___
- Have you recently taken antibiotics? Yes ___ No ___
- Do you require prophylactic antibiotics prior to dental work or surgical procedures? Yes ___ No ___

NAME _____

DATE OF BIRTH _____

• PAST MEDICAL HISTORY:

• Please check if you have been diagnosed or treated for any of the following gastrointestinal disorders:

BARRETT'S ESOPHAGUS _____	DUODENAL ULCER _____	HEMORRHOIDS _____	PEPTIC ULCER _____
BLOOD IN STOOL _____	ESOPHAGITIS _____	HEPATITIS _____	POLYPS _____
CANCER _____	FISTULAS _____	HIATAL HERNIA _____	REFLUX _____
CIRRHOSIS _____	FISSURES _____	IRRITABLE BOWEL SYNDROME _____	SPRUE _____
COLITIS _____	GALLBLADDER DISEASE _____	JAUNDICE _____	STRICTURES _____
CROHN'S DISEASE _____	GALLSTONES _____	LIVER DISEASE _____	TUMOR/MASS _____
DIVERTICULOSIS _____	GASTRITIS _____	PANCREATITIS _____	VOMITING BLOOD _____

• PLEASE LIST ANY OTHER CONDITIONS NOT LISTED ABOVE: _____

• HOSPITALIZATIONS AND OPERATIONS: *Please list all hospitalizations, procedures and surgical operations, including admitting physician, date, location and reason or diagnosis.*

• Have you ever had any blood transfusions? Yes ___ No ___ When? _____

OPERATION OR REASON FOR ADMISSION	DATE/YEAR	PHYSICIAN	HOSPITAL

• FAMILY MEDICAL HISTORY:

• Please "check" if your parents, siblings, grandparents, aunts, uncles or children had any of the following:

ANEMIA _____	COLITIS _____	DIABETES _____	TUBERCULOSIS _____
BLEEDING PROBLEM _____	COLON CANCER _____	HEART DISEASE _____	OTHER CANCER _____
CELIAC _____	COLON POLYPS _____	LIVER DISEASE _____	OTHER: _____
CIRRHOSIS _____	CROHN'S DISEASE _____	PEPTIC ULCERS _____	_____

PLEASE COMPLETE	AGE IF LIVING	CHECK IF HEALTHY	AGE AT DEATH	LIST MAJOR ILLNESS OR CAUSE OF DEATH
FATHER				
MOTHER				
BROTHERS/				
SISTERS				
CHILDREN				

NAME _____

DATE OF BIRTH _____

PLEASE CHECK ALL SYMPTOMS THAT YOU ARE EXPERIENCING:

GASTROINTESTINAL:

- NAUSEA OR VOMITING
- VOMITING BLOOD
- DRY HEAVES
- HEARTBURN
- BELCHING OR REGURGITATION
- SOUR OR BITTER TASTE
- INCREASE/DECREASE IN APPETITE
- EXCESSIVE GAS OR BLOATING
- FEELING OF "LUMP" IN THROAT
- PAINFUL SWALLOWING
- DIFFICULTY SWALLOWING
- CHOKE OR COUGH AFTER EATING
- INDIGESTION
- ABDOMINAL PAIN OR CRAMPS
- CONSTIPATION
- DIARRHEA
- CHANGE IN YOUR BOWEL HABITS
- CHANGE IN COLOR OR SIZE OF STOOLS
- BLOOD IN STOOL
- POSITIVE HEMOCCULT TEST
- MUCOUS IN STOOLS
- DARK/TARRY STOOLS
- FOUL ODOR TO STOOLS
- PAINFUL BOWEL MOVEMENTS
- FECAL INCONTINENCE
- HEMORRHOIDS
- JAUNDICE/"YELLOW" SKIN/EYES
- HISTORY OF HEPATITIS

CONSTITUTIONAL/GENERAL:

- RECENT WEIGHT LOSS
- RECENT WEIGHT GAIN
- FEVER WITHIN PAST MONTH
- CHILLS OR SWEATS
- FATIGUE OR WEAKNESS

EYES:

- BLURRED OR DOUBLE VISION
- CATARACTS
- GLAUCOMA
- GLASSES OR CONTACTS

EARS, NOSE, MOUTH, THROAT:

- HEARING LOSS/HEARING AID
- RINGING IN THE EARS
- SORE THROAT/HOARSENESS
- SINUS PROBLEM
- NOSE BLEEDS

CARDIOVASCULAR:

- CHEST PAIN OR PRESSURE
- RAPID OR IRREGULAR HEART BEAT
- SWELLING IN LEGS OR FEET
- HISTORY OF HIGH BLOOD PRESSURE
- HISTORY OF VALVULAR DISEASE
- CORONARY ARTERY DISEASE
- ARTIFICIAL HEART VALVE
- ABDOMINAL AORTIC ANEURYSM
- HISTORY OF ENDOCARDITIS
- HISTORY OF STROKE
- HISTORY OF VASCULAR DISEASE

ENDOCRINE:

- EXCESSIVE THIRST/URINATION
- HISTORY OF DIABETES
- HISTORY OF THYROID DISEASE

RESPIRATORY:

- SHORTNESS OF BREATH
- WHEEZING OR ASTHMA
- PERSISTENT COUGH/COLDS
- COUGHING UP SPUTUM/BLOOD
- TUBERCULOSIS/OR EXPOSURE TO
- BRONCHITIS

MUSCULOSKELETAL:

- PAIN/STIFF/SWOLLEN JOINTS
- PAIN/STIFFNESS IN NECK
- BACKACHE
- MUSCLE WEAKNESS
- OSTEOPOROSIS
- ARTHRITIS
- ARTIFICIAL JOINT

GENITOURINARY:

- FREQUENT URINATION
- DIFFICULTY URINATING
- LEAKING URINE
- BURNING ON URINATION
- BLOOD IN URINE
- URINARY TRACT INFECTION
- STONES/KIDNEY PROBLEMS
- SEXUALLY CONTRACTED DISEASE
- LAST PROSTATE EXAM _____
- LAST MENSTRUAL PERIOD _____
- LAST PAP SMEAR _____
- LAST MAMMOGRAM _____
- LAST SCREENING COLONOSCOPY _____

SKIN:

- SKIN RASHES/ITCHING/HIVES
- TATTOO
- BREAST TENDERNESS
- LUMP IN BREAST
- PRIOR BREAST BIOPSY

ALLERGIES/IMMUNOLOGY:

- ALLERGIES TO MEDICATIONS
- ALLERGIES TO LATEX
- OTHER ALLERGIES
- POSITIVE FOR HIV OR AIDS

NEUROLOGICAL:

- HEADACHES
- HISTORY OF MIGRAINE HEADACHES
- DIZZINESS
- EQUILIBRIUM PROBLEMS
- NUMBNESS OR TINGLING
- SEIZURES
- SLURRED SPEECH
- FAINTING OR "BLACKING OUT"

HEMATOLOGIC/LYMPHATIC:

- ENLARGED GLANDS
- BRUISE EASILY
- ABNORMAL BLEEDING
- ANEMIA
- HISTORY OF BLOOD TRANSFUSION
- HISTORY OF CANCER OR TUMOR

MENTAL HEALTH:

- ANXIETY
- DEPRESSION
- CONFUSION
- MEMORY LOSS
- HISTORY OF ALCOHOL ABUSE
- HISTORY OF DRUG ABUSE
- PROBLEMS SLEEPING

OTHER SYMPTOMS NOT LISTED:

NAME _____

DATE OF BIRTH _____

SOCIAL HISTORY:

- **MARITAL STATUS:** Single ___ Married ___ Widowed ___ Divorced ___
- **FAMILY:** Number of children _____ Ages _____
Do you live alone? Yes ___ No ___ Number Living at Home _____ Pets? Yes ___ No ___
List any problems with living arrangements _____ None _____
- **OCCUPATION:** Present Position _____
Have you had any exposures to industrial hazards, radiation, caustic or chemical agents? Yes ___ No ___
- **EXERCISE:** Do you exercise regularly? Yes ___ No ___
List type, amount, frequency: _____

- **SLEEP:** Number of hours per night _____ Do your symptoms disturb your sleep? Yes ___ No ___
- **DIET:** Have you had a recent change in your diet? Yes ___ No ___
Have you had a change in your appetite? Yes ___ No ___
Do you eat 3 meals per day? Yes ___ No ___ Do you eat late at night? Yes ___ No ___
Do you consume "diet" products, such as diet gum, soda, in large amounts? Yes ___ No ___
Do you consume coffee, tea, caffeinated products regularly, including chocolate, cola? Yes ___ No ___
If yes, list product and approximate daily consumption: _____
Have you recently eaten raw shellfish? Yes ___ No ___
Do you suspect you are a victim of food poisoning? Yes ___ No ___
Do you have any food intolerance or allergies to foods? Yes ___ No ___ Describe _____
- **TOBACCO USE:** Do you smoke or use smokeless tobacco? Yes ___ No ___
If yes, please check all that apply: Cigarettes ___ Cigars ___ Smokeless Tobacco ___
Age started using tobacco or how long you have used _____
If former user, please complete above and state when you started/stopped _____
- **ALCOHOL USE:** Do you drink alcohol? Yes ___ No ___
If yes, list product and approximate weekly consumption _____
- **ENVIRONMENT:** Do your daily activities cause you stress? Yes* ___ No ___
Are there any social or environmental factors which may have contributed to your illness? Yes* ___ No ___
Have you ever been a victim of sexual, mental, physical, or child abuse? Yes* ___ No ___
Do you engage in behaviors* which may place your health at risk? Yes* ___ No ___

**Such as use of IV or street drugs, homosexual/bisexual behavior, or sexual activity with someone known or suspected of having a contagious disease, such as hepatitis or AIDS. This information is strictly confidential, but it is very important that the doctor be aware of this history to provide you the best care.*

*If you answered yes to any of the above questions, please explain _____

